

# PADI IDC, KOH PHANGAN



## Step 1 - online prep

We'll meet you online in our virtual classroom (video conference) to review the IDC curriculum presentations. 7 x 3 hour sessions around your time zone. These are fun and highly interactive online sessions!

## Step 2- inwater section

Together on Koh Phangan, it's time to jump in the water. Over 8 days, we'll fine tune your dive skills, practice confined & open water teaching presentations, rehearse knowledge development presentations and refresh your first aid teaching skills.

## Step 3 - Instuctor Exams

A PADI Examiner will spend 2 days with you to evaluate your readiness to teach in the water and in the classroom. It's really just repeating what you already know in front of someone else!

## IDC at SAIL ROCK DIVERS , KOH PHANGAN

Before attending, you will receive the new IDC digital crewpak, with 16 eLearning sections, all geared towards preparing you for in class workshops and presentations. There are also some great study tools in the crewpak, such as the Diving Knowledge Workbook. This covers all Dive Theory subjects, Physics, Physiology, Decompression Theory, Equipment and Skills and Environment. Working your way through these before attending will prepare you for the theory and workshop subjects we cover during the IDC.

### PRICE 66,900 Thai Baht Includes:

- Online classes (Or traditional full 14 day in-person IDC)
- Exam preparation (classmarker)
- In-water training (confined and open water)
- Knowledge development training
- EFR Instructor training
- Oxygen Provider Instructor training
- All required PADI materials
- FREE accommodation in dorm room, plus lunch.

## Prerequisites

- Be at least 18 years of age
- Be certified as a Divemaster or equivalent.
- Be certified as a diver for a minimum of six months.
- Have 100 logged dives that include experience in night, deep and navigation.
- Be fit for diving and submit a medical statement signed by a physician within the last 12 months.
- Have proof of CPR and First Aid training within the last 24 months (PADI EFR course meets this requirement).

### PADI fees not included:

IE fee 1,120 AU\$  
Instructor application 331 AU\$  
EFR Instructor app 228 AU\$

# PADI IDC , KOH PHANGAN



## DAY 1

Orientation and paperwork  
Skills circuit, 400m swim, 10 min float  
Rescue workshop, CESA workshop  
Confined presentation workshop  
HOMEWORK Prep confined pres #1

## DAY 2

Knowledge development workshop  
Knowledge dev. presentation #1  
DSD workshop (wet)  
Confined workshop #1  
HOMEWORK Prep confined #2 & #3  
Prep Knowledge dev pres. #2

## DAY 3

Knowledge dev pres. #2  
Open Water dry workshop  
Confined workshop #2 & #3  
HOMEWORK Prep Open Water pres #1 & #2  
Prep Knowledge dev pres. #3

## DAY 4

Open Water pres. #1 & #2  
Knowledge dev pres. #3  
EFRI review knowledge reviews and standards

## DAY 5

EFR Instructor and O2 Provider  
Instructor Specialty  
HOMEWORK Prep Open Water pres. #3 & #4

## DAY 6

Open Water pres. #3 & #4  
Rescue Ex #7  
Confined water pres. #4 & #5  
HOMEWORK Prep Knowledge dev pres. #4 - Specialty Instructor

## DAY 7

Knowledge dev pres. #4 Spec Inst.  
Open Water pres #5 & #6  
Rescue Ex #7 pocket mask  
DSD workshop in open water  
Deep assess and Adventure dive workshop

## DAY 8

BOAT DAY  
Nitrox, Deep, Night etc  
Rescue Scenario

SAIL ROCK



## DAYS 9 & 10

Instructor Specialties  
Remedial Training  
Or much deserved day off!

## DAYS 11 & 12

PADI Instructor Exams (IE)  
PARTY TIME!