

# PADI IDC, ASSAVA, KOH TAO



## Step 1 - online prep

We will meet you online in our virtual classroom to review the IDC classroom curriculum presentations. 7 x 3 hour sessions around your time zone. These are fun and highly interactive online sessions!

## Step 2- in-water section

Together on Koh Tao it is time to jump in the water. Over 8 days, we'll fine tune your dive skills, practice confined & open water teaching presentations, rehearse knowledge development presentations and refresh your first aid teaching skills.

## Step 3 - Instructor Exams

A PADI Examiner will spend 2 days with you to evaluate your readiness to teach in the water and in the classroom. It's really just repeating what you already know in front of someone else!

## IDC at ASSAVA DIVING , KOH TAO

Before attending, you will be training in the natural beauty of Koh Tao, surrounded by calm seas, tropical reefs, and a strong sense of community. At Assava, this setting is combined with a clear conservation focus, creating an ideal environment for professional development. Alongside this, you will receive structured preparation covering dive theory, teaching techniques, and academic knowledge, including Physics, Physiology, Decompression Theory, Equipment, and Skills and Environment. Working through these areas in advance ensures you arrive confident, prepared, and ready to focus fully on the workshops and presentations covered during the IDC.

### PRICE 68,900 Thai Baht Includes:

- Online classes (Or traditional full 14 day in-person IDC)
- Exam preparation (classmarker)
- In-water training (confined and open water)
- Knowledge development training
- Daily lunch
- EFR Instructor training
- O2 Provider plus **Adaptive Teaching Techniques** instructor training
- All required PADI materials
- Scuba Dive Online's exclusive "[Digital Instructors eBundle](#)" study tools

## Prerequisites

- Be at least 18 years of age
- Be certified as a Divemaster or equivalent.
- Be certified as a diver for a minimum of six months.
- Have 100 logged dives that include experience in night, deep and navigation, before the IE.
- Be fit for diving and submit a medical statement signed by a physician within the last 12 months.
- Have proof of CPR and First Aid training within the last 24 months (PADI EFR course meets this requirement).

PADI fees 2026 not included:

IE fee 1.190 AUD

Instructor application 350 AUD

EFR Instructor app 252 AUD



# PADI®



# PADI IDC, ASSAVA, KOH TAO



## DAY 1

Orientation and paperwork  
 Skills circuit, 400m swim, 10 min float  
 Rescue workshop, CESA workshop  
 Confined presentation workshop  
 HOMEWORK Prep confined pres #1

## DAY 2

Knowledge development workshop  
 Knowledge dev. presentation #1  
 DSD workshop (wet)  
 Confined workshop #1  
 HOMEWORK Prep confined #2 & #3  
 Prep Knowledge dev pres. #2

## DAY 3

Knowledge dev pres. #2  
 Open Water dry workshop  
 Confined workshop #2 & #3  
 HOMEWORK Prep Open Water pres #1 & #2  
 Prep Knowledge dev pres. #3

## DAY 4

Open Water pres. #1 & #2  
 Knowledge dev pres. #3  
 EFRI review knowledge reviews and standards

## DAY 5

EFR Instructor and O2 Provider  
 Instructor Specialty  
 HOMEWORK Prep Open Water pres. #3 & #4

## DAY 6

Open Water pres. #3 & #4  
 Rescue Ex #7  
 Confined water pres. #4 & #5  
 HOMEWORK Prep Knowledge dev pres. #4 - Specialty Instructor

## DAY 7

Knowledge dev pres. #4 Spec Inst.  
 Open Water pres #5 & #6  
 Rescue Ex #7 pocket mask  
 DSD workshop in open water  
 Deep assess and Adventure dive workshop

## DAY 8

BOAT DAY  
 Nitrox, Deep, Night etc  
 Rescue Scenario

## DAYS 9 & 10

PADI Instructor Exams (IE)  
 PARTY TIME!

## DAYS 12-15

Option to take the MSDT prep  
 5 PADI Instructor Specialties



info@scubadiveonline.com



scubadiveonline.com



Scuba Dive Online



@scubadiveonline